

Rejection comes in many forms such as not hearing back from an employer after applying for a job, or not getting the job after an interview when you know that you are qualified.

This workshop will teach you how to remain inspired and motivated in the face of rejection. Meet with others to develop strategies that turn rejection into resiliency.

Greenfield; One Arch Place—Friday, February 12 800-457-2603 or 413-774-4361

Northampton; 178 Industrial Drive, Friday, February 19 800-457-2604 or 413-586-6506

Orange; 131 West Main Street; Friday, February 26 978-544-3506

All workshops are scheduled from 10 a.m. to 12 p.m. www.fhcc-onestop.com

